



Branchburg Central Middle School

ACTIVITIES DIRECTORY

2017-2018

“The Mission of the Branchburg Township School District and Community is to inspire our children to learn, think, grow and excel in life.”

Branchburg Central Middle School strives to facilitate that mission in every aspect of student learning and achievement and in part by our extensive and eclectic offering of activities. The impact of extracurricular activities cannot be overstated; students will learn the importance of working together and often many stereotypes and barriers are broken. Participation in school activities often results in lasting friendships and unforgettable experiences.

Any participants in school sponsored clubs/activities/sports are required to follow the school academic eligibility guidelines and are responsible for any permission or physical forms to be handed in on time prior to deadlines. Please see the appendix (pages 17-18) for more information.

All names of coordinators and timelines are tentative and based on the most current information. Please use the email correspondence with each activity for best and most recent information.

Academic Activities

Extracurricular activities that focus on academic areas increase and encourage academic quality and offer students an opportunity to expand on their content knowledge both inside and outside of the classroom. While building and practicing leadership skills, students will also benefit from the social and interpersonal interactions. Students can also learn information about unfamiliar subjects by conducting research in preparation for debates or academic competitions.

MATH COUNTS

Current Coordinator: Mrs. Emmons

Run Time: September thru mid-February/ Meets twice weekly after school.

“Math Counts is not just another boring math class. It’s a club that will teach you skills that you would never learn in your regular classes. During the course of the year, we’ve met new friends, gone on some fun field trips and learned new tricks that have made math much easier and more enjoyable. In a regular meeting, we usually start by doing our homework. Mrs. Emmons always orders pizza for us as a snack, which we pay for. Then, we do math related activities such as building shapes with gumdrops and marshmallows. In February, the top members of the club go to a regional competition at a local college. It’s a fun trip and you get to see some of the best math students in the state compete head to head in a final elimination round. This year, we also will go on a field trip to the Math Museum in New York. Everyone can go on this trip and the museum has a lot of exciting hands-on activities. If you enjoy math or like problem solving, Math Counts will be an entertaining activity for you!”

- Megan F. and James L.

SCIENCE CLUB

Current Coordinator: Ms. Bernet

Run Time: Fall, Spring after school

Science Club is an activity that allows students to participate in Science projects that go beyond the curriculum. Students participate in science experiments of their choice and we investigate the science behind these experiments. Some examples include creating different types of slime, DIY fidget spinners, colorful milk and more.

STUDENT COUNCIL

Current Coordinator: Mr. Rogoff

jrogoff@branchburg.k12.nj.us

Run Time: All Year, Before, During, After School

- We are a member of the New Jersey Association of Student Councils.
- In May, 7th graders petition, campaign and run for the offices of President, Vice President, Secretary, and Treasurer following our constitutional by-laws. Officers attend leadership conferences during the summer and during the year to enhance the student climate and effectiveness of our student government.
- In September, 6th, 7th, 8th graders petition, campaign and run for the position of class representative. Student Council officers and representatives meet every other week on Mondays before school.
- At our meetings we plan for various activities and fundraising projects to benefit the school and charities in and around the Branchburg community.
- The student council will be working with Branchburg Township Recreation for Spring Movie Night.
- 8th graders attend state leadership conferences- October, January, May,
- 6th, 7th, 8th graders organize the Meghan Rose Bradley fundraiser and coordinate with the Branchburg Township Police Department to benefit the MRB Foundation.
- 6th 7th 8th graders use their leadership skills to promote a positive school climate with an emphasis on community, anti-bullying, and tolerance.
- Elected 7th grade officers attend a four day state leadership conference in July
- Elected 7th grade officers assist with the summer BCMS open house days, also known as "walk your schedule".

ODYSSEY OF THE MIND

Current Coordinator: Mrs. Updegrove

Run Time: October-April, Wed/Thurs After School

Odyssey of the Mind is an international program that provides creative problem-solving opportunities for students. Team members apply their creativity to solve problems that range from building mechanical devices to creating art, and eventually a live performance. In October, interested students try out the problems and games. A competitive team or two of 5-7 members is selected at the end of October to develop a solution to a long term problem and practice spontaneous problems for competition. The team(s) compete regionally in March with the possibility of State Finals in April and World Championships in May.

Visit www.njootm.org website to read about this year's problems.

SCIENCE FAIR CLUB

If interested, email: lplaza@branchburg.k12.nj.us

Current Coordinator: Mrs. Plaza

Run Time: January-March, After School

In 2017/18 school year, students will have an opportunity to participate in the Central Jersey Science Fair, which will take place March 2016. At this science fair, as the main focus, there will be hands-on scientific investigations and inventions. Students will meet once a week and they will select a science fair idea, research and plan their projects, collect and analyze data, write a lab report and exhibit their projects as well as learn how to present their projects to the judges. Science fairs provide students the opportunity to practice these skills and allow them to explore, reflect, and integrate important ideas to their everyday life; in turn, this practical application will help them prepare for university and future careers.

Athletic Activities

BCMS offers many extracurricular activities that focus on athletics and students have the ability to play a different sport each season. Being part of an athletic team helps students to develop important life skills such as cooperation, sportsmanship, respect, responsibility, leadership and dedication. **All Athletic activities run after school and are participation by tryout.**

FALL SPORTS

SEASON RUNS
SEPTEMBER-OCTOBER

BOYS SOCCER

Current Coaches: Mr. Wright, Ms. Barber

“Sports are always a good way to get your mind off of school and the soccer team at BCMS is a great way to have some fun after a long, hard school day. On the soccer team, you’ll make lots of friends who love playing the same game that you do and you can see how you compare to other really good players from 6th through 8th Grade.

Also, school soccer will make you a better soccer player. Mr. Jordan is a great coach who likes to have fun, and the older kids will always be there to help you improve as well. Anyone who enjoys playing soccer should try out for the school team. Even if you do make it, you’ll still have a great time figuring out what you need to improve on for next year.”

-James L.

GIRLS SOCCER

Current Coaches: Mr. Kupcha & Ms. Graham

If you are interested in soccer at all, trying out for the school soccer team is a great idea. It’s a fun way to play soccer with your friends and Coach Kupcha and Coach Graham. Mr. Kupcha is the “A team” coach and Ms. Graham is the “B team” coach. Both teams practice every day

after school except on game days and practices are usually running and plyometrics followed by skills and drills to work on shooting and passing, dribbling, team skills, and always followed by scrimmage. There are 10 to 16 games during the fall season.

“In 2012, 2013, and 2014 Mr. Kupcha led us to a CJJGSL championship with our wins in the finals against Hillsborough and Readington. In 2014 our season record was 15-0-1: we scored Fifty Five goals while allowing only five goals scored against us.

If you are nervous to try out, just stay positive. I was very nervous when I tried out the first year but my one tip is to stay positive. Tryouts are usually three to four days so if you don't get to show all your skills on one day you have a few others to prove yourself. School soccer was my favorite memory from BCMS. It's a chance to play with older girls and your friends. BCMS Soccer will always be a highlight of my middle school experience.”

-Codie Bartow - BCMS Class of 2013

BOYS AND GIRLS CROSS COUNTRY

Current Coaches: Dr. Finkenaur, Mr. Majano, Mr. Kline

If interested, email: afinkenaur@branchburg.k12.nj.us , amajano@branchburg.k12.nj.us, and skline@brrsd.k12.nj.us

Cross country is open to all students, whether you are currently a runner or would like to train to run longer distances. We practice as a combined group of girls and boys and run around a 1.75 mile course at White Oak Park. (Boys and girls run separately during races.) The philosophy of the team is to have fun, to encourage and support each other as we improve as runners and to challenge ourselves to give our personal best at each practice and meet.

Interested students should begin running or (combining running with walking) in August to build fitness for the season. The only 'equipment' needed is a good pair of running shoes.

Cross country is a great way to be part of a team and have fun together after school. We hope you'll come out and give it a try!!

WINTER SPORTS

SEASON RUNS

NOVEMBER-FEBRUARY

BOYS BASKETBALL

Current Coach: Mr. Shollenberger

Playing on the boys' basketball team is a great way to show school spirit. Showing off my BCMS Falcons jersey before home games is always fun as well as dressing up for away games in a shirt and tie. The most fun part of the basketball team is the bus rides to away games; everyone is just having a blast!

- Chris E.

GIRLS BASKETBALL

Current Coach: Mr. Wright

Imagine dribbling down the court with the adrenaline rush to make the winning shot. This isn't the only benefit of joining the school basketball team, there's much more. During the season you make so many new friends and the bus rides are great. Don't be afraid to tryout, on the inside a lot of people are nervous but don't worry everyone is welcoming. Basketball is a great experience, so if you want to try out for a sport, pick basketball!

- Olivia M., Gianna T.

DANCE

Current Coach: Ms. Bernet

A fun and wonderful experience for any student that finds happiness through dancing. It is a great opportunity to hang out with friends, cheer on our basketball teams along with the cheerleaders, and do what you love, dance! Not only do you get to hang out with friends but you get to make new friends with people from other grades that you will recognize when walking around BCMS and Somerville High School. Participating on the team is a great way to learn new dance steps and show school spirit.

CHEERLEADING

Current Coach: Mrs. Padula

BCMS cheerleading is an amazing experience! Trying out is a great decision because it is a fun way to show your school spirit, make new friends, be a team player and develop leadership skills, and be involved at school. Try-outs are fun and a way to meet new people and learn new skills,

Cheerleading is a big commitment which has many rewards: fun, service and leadership! Cheerleaders cheer for both girls and boys home games. Practices are held every day after school when there is not a game. One of the things we look forward to each year is cheering at the Megan Rose Bradley fundraiser game. Another level of cheering is becoming a captain. Captains are the most experienced members of the team and demonstrate leadership qualities. If you are on the team for two or three consecutive years you will have a chance to become a team captain. If you have an interest in trying out for BCMS cheerleading, please don't hesitate to do so!

Try Outs: We will have three days of practice, followed by tryouts. The skills you will be expected to demonstrate include a cartwheel, a toe-touch, and a right or left split. You will also have an opportunity to show other tumbling skills you may be able to do, such as back handsprings, walk overs, back tucks, etc. You do not need the extra skills to make the team. Additionally, you will be taught cheers to perform with another person who is trying out.

WRESTLING

Current Coach: Mr. Rourke

Why Wrestle?

Ask yourself; are you dedicated and seeking a challenge? When you are in the middle of the wrestling match and you feel the rush of adrenaline pump through your veins, it's as if your eyes have finally opened and you can see and feel your muscles pumping and the burst of energy makes you want more. There is nothing like the feeling of getting your hand rose in victory while your teammates and friends cheer you on.

Wrestling is a gratifying sport that teaches you so many valuable lessons about sport and life. Wrestlers develop more than athletic skills; they develop self-esteem, sportsmanship, personal responsibility, mental toughness, discipline, respect and confidence. Above all and in the words of Dan Gable, "Once you've wrestled, everything else in life is easy. "Ask yourself; are you dedicated and seeking a challenge?

-Elijah H.

SPRING SPORTS

SEASON RUNS MARCH-MAY

BOYS LACROSSE

Current Coach: TBD

The Boys Lacrosse team at Branchburg Central is truly an amazing opportunity for many reasons. One reason is that you can make a bunch of friends from joining. Our team has been very successful in the past and we need kids like you to keep going. If you plan on trying out for the lax team in High School, then this is a great chance for you to get acclimated to a high-level of play. I hope you decide to join the team and have a great season and rest of the year.

GIRLS LACROSSE

Current Coach: Mr. Kupcha

“If you play lacrosse and are interested in trying out for the school team go for it! There is one school lacrosse team. Mr. Kupcha is the head coach. He is a very good coach and you are lucky if you get to play for him.

Every day after school we have practice. Sometimes we will practice indoors if the weather is poor, but for the most part we practice on the field right behind the school. We begin practice with a warm up which includes a run, a series of plyometrics and sometimes wall ball. Practice usually consists of stick skills like passing, catching, shooting, and dodges. Then we move on to the skills we need to work on the most, like plays on offense or sliding on defense. In the season there are about 10 to 12 games including playoffs. Before the season starts you are required to sign a contract which states the rules that need to be followed throughout the season. Some of these rules include keeping all of your grade averages above a 70. Another team rule we have is that a player is not allowed to start unless they are at the practice the day before the game. There are other rules too. Mr. Kupcha is very keen on respect to the coach and to your fellow teammates.

Tryouts are usually three to four days long. During tryouts work to the best of your ability and give 100% in everything you do. During tryouts don't dwell on the things you do wrong, just learn from your mistakes and fix them. Even if you don't have a great day at tryouts, you still have other days to prove yourself. Playing for the middle school girl's lacrosse team is one of the best decisions I have made. You create tons of friends. Throughout the season you create great bonds with other girls in different grades and you forget what age they are and you just think of one another as teammates. Being a part of the team made my middle school experience so much better. Every day I was so sad to end practice because I was learning so much and having a great time. Take advantage of the opportunity to play lacrosse. You will not regret trying out for the lacrosse team, trust me.”

- 2013 Captain, Stefani Peluso

BASEBALL

Current Coach: Mr. Wright

Spring time is one of the most exciting times of the year for middle school students for one particular reason, middle school baseball. At the end of the day there is nothing like being able to play your most favorite game with your friends. There are so many reasons to go out for middle school baseball. Initially, to be able to play with your friends; in addition, the tough competition really tunes players up for summer ball. Not to mention the thrill of beating close town rivals such as JP Case and Bridgewater. Middle school baseball really prepares players for different challenges they are going to face when going out for a high school team that summer travel teams do not have. Furthermore, recently added to the league in which BCMS is in- is playoffs. Being able to play for something such as a championship adds a new component to playing middle school baseball. Ultimately, playing middle school baseball is extremely rewarding and prepares players for what is to come in the future.

- Brendan M.

SOFTBALL

Current Coach: Mr. Uporksy

SPRING IS IN THE AIR!! SOFTBALL SEASON BEGINS! Please try-out for the softball team. You will meet new friends and have fun! BCMS Softball team consists of girls from all three grade levels.

The team is in a league...usually playing 12 games in the season with play-offs at the end.

It is a fast-pitch league! The season begins around March 20th and usually goes to May 25th.

The coach usually takes about 12 girls or so allowing for all girls to get a fair amount of playing time.

Pitchers are always needed!

Participating in any sport will increase your physical, mental, and social well-being! Your knowledge of the game including your skill level will improve. Participating in a team sport will foster your leadership skills and exemplify good sportsmanship!

There are so many more benefits to participating on the BCMS softball teamso this spring think....It's time to play Ball!

Interest Based Activities

Extracurricular activities that focus on individual interests allow students to showcase their skills in those areas of interests and encourage exploration of different topics.

YEARBOOK

Current Coordinator: Mrs. Gaston
Run Time: September – April; Before School

Yearbook club runs throughout the school year where students capture all of those special moments from the school year. It is a fun activity for students who are creative. In this club, members choose the front cover of the yearbook, design the layout and format of the 6th, 7th, and 8th grade pages. Members also take pictures of the other activities such as the sports teams and the different bands/choir. Everybody gets to take pictures and have an opportunity to share their ideas. Work as a team to keep school memories alive for years to come! Join us!

NEWSPAPER

Current Coordinator: Mrs. Hobbs
All Year, Before School

The school newspaper is called the Falcon Gazette and it is completely created by students. There are many jobs to choose from in the paper. You can write, edit, take pictures, come up with the layout, or do multiple jobs. Every member is expected to write and contribute in some way. The students decide what they want to cover, whether it's sports, entertainment, school news, contests, or any idea that comes to mind. Typically we meet on Tuesday mornings and editors also meet every other Monday, but you don't have to attend the meetings to be in Newspaper. If the teacher who runs newspaper knows that you want to join and what job you want to do, you can simply contact the teacher to find out what you're assigned to do (unless you want to be a layout editor, because all of the layout is done in the meetings).

BAND

All groups are directed by Mrs. DeNicuolo

6th Grade: academic class during the school day with a few after school rehearsals, performances at Winter & Spring Concerts and Music in the Parks Trip

7th Grade: academic class during the school day with a few after school rehearsals, performances at Winter & Spring Concerts and Music in the Parks Trip

8th Grade: academic class during the school day with a few after school rehearsals, performances at Winter & Spring Concerts and Music in the Parks Trip

Jazz Band: by audition extracurricular group that meets before school throughout the school year, performances at Winter & Spring Concerts and a spring festival

Wind Ensemble: by audition extracurricular group that meets before school throughout the school year, performances at Winter & Spring Concerts

6th, 7th, 8th Grade Band:

After their introduction to band in elementary school, students can continue with their instruments in a twice a cycle band class. Each grade prepares for two concerts and a competition with music that fits their level and talents. Every band member will be assigned a time in the cycle for a group lesson.

Jazz Band:

The school jazz band holds auditions in the fall for any saxophone (alto, tenor, and baritone), trumpet, trombone, or drum set player enrolled in a regular band class, and any guitar, bass, or piano player. (Guitar, bass, and piano players need not be in band class as these instruments don't exist in concert band.) The group meets before school on Wednesdays and Fridays and performs at both concerts and a spring festival. The dedicated students in jazz band play music much different than in concert band with styles such as swing, Latin, and rock. Members of jazz band have the opportunity to audition for outside ensembles such as Region Jazz band if they are interested.

CHORUS/CHOIR

Current Coordinator: Mrs. Langston

Boys Ensemble: non-auditioned, all year, runs before school, **Girls Ensemble:** auditioned, all year, runs before school, **School Choirs:** auditioned, all year, run during school

School Choirs (6th, 7th, 8th grades):

Why You Should Join Chorus:

You can sing ANYWHERE

There is no fine for breaking your voice

You are able to do whatever you want while singing

Perfect your voice

Have more fun singing and sometimes dancing.

Have fun!

-Josh M.

Girls Ensemble:

Girls Ensemble is an award-winning choir of auditioned 6th, 7th, and 8th grade girls

who participate in school choir, band, or strings. This choir sings 3-part high school level music and has a great time in rehearsal together. We sing at school concerts, sports events, Teen Arts, Dorney Park, and Graduation. This choir is a full-year commitment with auditions in September and our final performance in late June.

- Mrs. Langston 🎵

Boys Ensemble:

Boys ensemble is a harmony of boys voices arranged and conducted to sing contemporary music. The most recognizable trait of this group is how this is a Non-Audition Choir! But don't be fooled by this, we don't do that because we're not that great, because we really sound amazing. The reasoning behind this is that we, the Boys Ensemble, don't want any guys to be intimidated and choose not to join! There are too many boys that can sing but don't, so we want them to start singing! The boys ensemble chooses our own (school appropriate and Langston approved) music. Ask Mrs. Langston for any information. I hope to see you there!

-Rich S.

TEEN ARTS

Current Coordinator: Mr. Kupcha
One Full Day in Spring

Works and performances ranging from photography to oil painting, vocal solos to brass bands, poetry to play/drama excerpts, pottery to hand-made furniture and computer graphics to music videos will be on display. Over 1,400 entries are showcased at each year's festival. Each entry and/or performance has the option to be critiqued by professionals, and each student receives personalized feedback on their work. The Festival attracts hundreds of visitors each year who come to enjoy the talents of the amazing student artists. Our BCMS participants are fine artists, musicians [both instrumental and vocal], dancers, drama performers, and creative writers.

DRAMA CLUB

Current Coordinator: Mrs. Puglisi

Winter/Spring: After School on Tuesdays, Wednesdays (sometimes) and Thursdays through from November through early March.

The BCMS Drama Club is an interactive, fun-filled club where students take an active role in creating a show, both onstage and behind the scenes. We rehearse after-school, including a "tech-week" where the whole show - sets, lights, sound, costumes, and make-up - comes together. Students who participate in the BCMS Drama Club not only stretch their dramatic muscles by learning the fundamentals of acting as they rehearse for our annual production. They also build and nurture their self-confidence, creativity, collaboration and cooperation skills, self-discipline, poise, and presentation skills.

SET CREW

Current Coordinator: Mr. Kupcha
Winter/Spring, After School

Set crew is a fun after school activity to spend time with your friends and paint. When you are in 8th grade you have the opportunity to join Mr. Kupcha and other 8th graders to design and create the set for the school play. You can come any day after school to paint and spend time with your friends. Anyone in 8th grade can sign up! My friends and I all signed up this year we had a blast painting the sets! We would talk and paint for an hour and a half every day after school. We even got to bring in music to listen to and on the last day of set crew, we had a pizza party! The set crew also has the opportunity if they wish, to be the stage crew for the school play. They also get a free ticket to see the play. Set crew was a very fun and memorable experience!

-Sarah C. 2013

ROBOTICS

Current Coordinator: Mr. Spork
Fall, Winter After School

Robotics Club is the best around! From cars, to catapults, even robots that can talk, nothing is out of your reach. So why not take electronics to the next level? The choice is yours: be with friends and let your imagination guide you, or throw virtual birds at virtual pigs. Just for the record, I made the first choice and I am headed for one of the most prestigious academies in all of New Jersey. The second choice, not so much. Dream. Create. Robotics.

- Chris S.

TALENT SHOW

Current Coordinator: Mr. Rogoff
Spring, After School

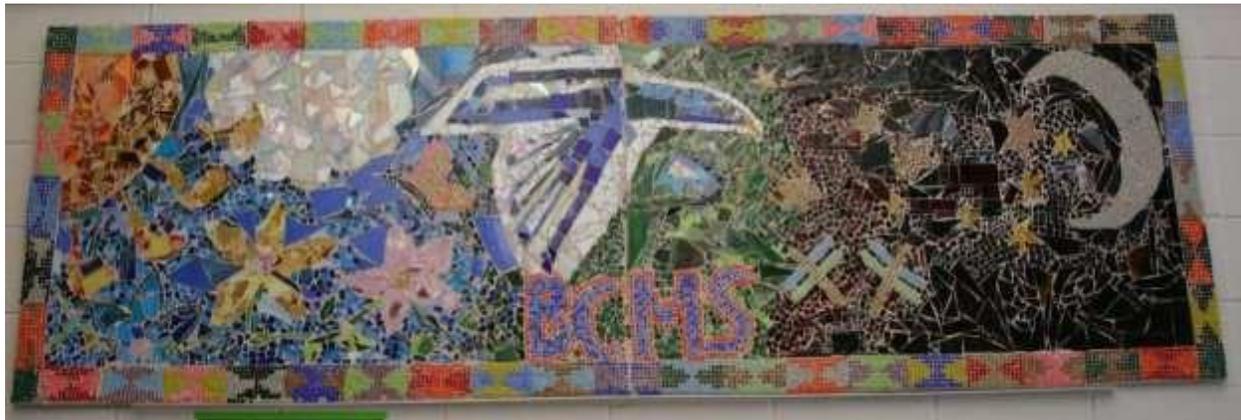
Calling all Talent at BCMS! The Talent Show will allow you to showcase your unique talents to a live audience! Singers, musicians, magicians, circus performers, and rare talents are all welcome to the BCMS night of intrigue and excitement. I am proud to give each student a chance to show off how remarkable and energetic our students truly are.

ART CLUB

Current Coordinators: Mr. Kupcha & Ms. Russo
Fall/Winter/Spring, Before School or After School

We often think of artists as “those who paint pictures.” But, being an artist involves much more than simply “making pictures.” Artists are curious individuals who are driven by a desire to create and a willingness to take chances. They have a special way of seeing and thinking about the world which they share with others through the works they create. At BCMS we strive to give students a chance to express themselves in new and positive ways and to see their potential as artists; students are always welcome to explore new methods and mediums outside of the scheduled art class; many students wanting a larger and more in-depth art experience choose to join art club to do “independent study” projects.

Art Club Mural: A Mosaic of tile and glass- permanently on display in the cafeteria



Art Club Mural painted on the front of the building and styled after the work of Keith Haring.



EXTRA-CURRICULAR ACTIVITIES POLICY

It is the desire of the school to provide opportunities for students to be involved in various after school activities. Students are encouraged to take part in these activities which provide opportunities to expand and reinforce skills as well as provide a forum to interact socially in a less formal school setting. The school is closed to students after 3:15 pm unless they are involved in or attending a specific school activity or under the direction of a teacher. Students need to be picked up from after school/evening activities within 15 minutes of the ending time, or the student's privilege to attend future activities may be suspended. Students need to maintain academic eligibility requirements" in order to try out and participate in extra-curricular school activities.

Expectations for Students Involved in Extra-Curricular Activities:

Students who are involved in extra-curricular activities are expected to:

- a. Make every effort to be at each meeting of the activity.
- b. Maintain an overall "C" average
- c. Participate in the activity displaying his/her best effort.
- d. Remain in the room or location of the activity at all times.
- e. Follow Falcon PRIDE
- f. Notify the teacher/advisor if unable to attend.

Students serving a detention will not be allowed to participate in extra-curricular activities until they have served their detention.

Academic Eligibility for Extra-Curricular Activities

To be eligible to participate in athletics and extracurricular activities:

- a. Students must maintain an overall "C" (70%) average in each full year class with no failing grade in any class.
 - students trying out for extra-curricular activities will have their 4th quarter grades used for reference for eligibility to tryout/ participate.
 - beginning 2 cycles into the activity/sport (2 six day cycles) if a student does not meet the criteria, he/she will be placed on probation and will have two cycles to demonstrate the previously mentioned academic standards. Students will only be given one probation period during the season and will not be able to attend practice/meeting, attend or play in games or events, or travel with team/club while on probation. If after on probationary period the student has not demonstrated the required academic standards, the student will be suspended from the team/activity/club permanently. Any participant that is placed on probation and restores his/her status by meeting the required academic standards must maintain that status for the remainder of the activity or be removed from the team/activity/club.
- b. Students must demonstrate proper behavior and not be on Loss of Privileges (LOPS).

ATHLETICS MEDICAL CLEARANCE INFORMATION

2017-2018 Calendar of Sports Events Interscholastic Sports (tentative)

Fall Sports Physical Exam Deadline

August 16, 2017

Winter Sports Physical Exam Deadline

October 13, 2017

Spring Sports Physical Exam Deadline

February 14, 2018

State law requires that a current, cleared PHYSICAL EXAMINATION form be on file in the health office for a student wishing to try-out/participate in a specific interscholastic sport. The physical examination shall be conducted within 365 days prior to the first practice session (try-out session). It is highly recommended that your primary care physician complete the Physical Examination, however the student's parent/guardian may choose either the child's own private physician or the school physician to perform the physical examination. To make arrangements for a sport physical examination by the school physicians, please call Hunterdon Family Medicine at Branchburg at 908-237-4014.

For each individual sport season (Fall, Winter, Spring) your child wishes to try out for, you must complete a new, current

HISTORY FORM

If you miss the deadline, it will be your responsibility to deliver the physical form to the school physician for their review and then to return the form to the Health Office prior to the try-out date. Failure to comply will result in your child being ineligible to try out for the sport desired. Please review the completed physical form to insure that all medical information has been provided. Incomplete forms, with areas left blank, will be returned to you for your follow up with your physician.

The school physicians are:

Hunterdon Family Medicine at Branchburg

2143 South Branch Rd.

Branchburg, NJ 08876

Phone number: 908-237-4014